

# AMSERLEN PWLL NOFIO NADOLIG

2024 - 2025

## CHRISTMAS POOL TIMETABLE

Dyddiad / Date	Sesiynau Pwll / Pool Sessions		
23-12-2024 Dydd Llun / Monday	**07:15 - 08:00** *08:00 - 08:45* 11:15 - 12:00	*12:00 - 12:45* 12:45 - 13:30 13:30 - 14:15 14:15 - 15:00	15:00 - 15:45 17:00 - 17:45 17:45 - 18:30 18:30 - 19:15
24-12-2024 Dydd Mawrth / Tuesday	09:00 - 09:45 09:45 - 10:30	10:30 - 11:15 11:15 - 12:00 12:00 - 12:45	12:45 - 13:30 13:30 - 14:15
25-12-2024 Dydd Mercher / Wednesday	AR GAU / CLOSED		
26-12-2024 Dydd Iau / Thursday	AR GAU / CLOSED		
27-12-2024 Dydd Gwener / Friday	09:00 - 09:45 09:45 - 10:30	10:30 - 11:15 11:15 - 12:00 12:00 - 12:45	12:45 - 13:30 13:30 - 14:15
28-12-2024 Dydd Sadwrn / Saturday	AR AGOR FEL ARFER / OPEN AS NORMAL		
29-12-2024 Dydd Sul / Sunday	AR AGOR FEL ARFER / OPEN AS NORMAL		
30-12-2024 Dydd Llun / Monday	09:00 - 09:45 09:45 - 10:30	10:30 - 11:15 11:15 - 12:00 12:00 - 12:45	12:45 - 13:30 13:30 - 14:15
31-12-2024 Dydd Mercher / Tuesday	09:00 - 09:45 09:45 - 10:30	10:30 - 11:15 11:15 - 12:00 12:00 - 12:45	12:45 - 13:30 13:30 - 14:15

### CANOLFAN HAMDDEN PLASCRUG LEISURE CENTRE

\*Nofio lôn yn y prif bŵll / Lane swimming in the main pool.

\*\* Nofio lôn yn y prif bŵll yn unig. Bydd y pwll bach ar gau / Lane swimming in the main pool only. The small pool will be closed.

Bydd y ddau bŵll ar agor os na noder yn wahanol / Unless otherwise stated both pools will be open

*Oherwydd nifer cyfyngedig o lefydd cynghorir chi i gofrestru i sicrhau lle am bob sesiwn nofio.*

*We advise to pre-book for all swimming sessions.*

